#### ST. VINCENT PALLOTTI COLLEGE, KAPA, RAIPUR

## Program outcomes, program specific outcomes and course outcomes

Department of Commerce and Management

#### Bachelor of Commerce(B.Com), Bachelor of Business Administration(B.B.A) And Master of Commerce(M.Com)

| Department of Commerce and Management | Program outcome and Program Specific outcome  |
|---------------------------------------|---|
| Program Outcomes                      | PO – 1: After completing three years for Bachelors in Commerce (B.Com) program, students would gain a thorough grounding in the fundamentals of Commerce and Finance.  PO – 2: The commerce and finance focused curriculum offers a number of specializations and practical exposures which would equip the student to face the modern-day challenges in commerce and business. |
|                                       | <b>PO -3</b> The all-inclusive outlook of the course offer a number of value based and job oriented courses ensures that students are trained into up-to-date. In advanced accounting courses beyond the introductory level, affective development will also progress to the valuing and organization levels.   |
|                                       | <b>PSO-1</b> - Learners will gain thorough systematic and subject skills within various disciplines of commerce, business, accounting, economics, finance, auditing and marketing.  |
| Program Specific Outcomes             | <b>PSO-2</b> - Students will learn relevant financial accounting career skills, applying both quantitative and qualitative knowledge to their future careers in business.   |
|                                       | <b>PSO-3</b> - Students will be able to demonstrate progressive learning of various tax issues and tax forms related to individuals. Students will be able to demonstrate knowledge in setting up a computerized set of accounting books  |

| Course Outcomes – B.Com-I                    |   |
|--|---|
| Course                                       | Outcomes  |
| 0828- ENVIRONMENTAL STUDIES AND HUMAN RIGHTS | CO-1- familiarizes the student with the multidisciplinary environmental issues and to develop public awareness for it.  |
| 1111-HINDI LANGUAGE                          | CO-2-increases the students' intimacy with the composition of Hindi by explaining it to the students and they should gradually develop the interest of Hindi composition in the context of Hindi and its communication. |
| 1112-ENGLISH LANGUAGE                        | <b>CO-3-</b> enables the students of commerce to speak and write with a fair degree of grammatical correctness.   |
| 1113-FINANCIAL ACCOUNTING                    | CO-4-familiarizes the students with basic concepts and methods of Financial Accounting as a practical subject in managing Business  |
| 1114-BUSINESS MATHEMATICS                    | <b>CO-5</b> - provides elementary yet essential background of mathematical method so that the students may use themselves in business analysis and decision making.   |
| 1115-BUSINESS COMMUNICATION                  | CO-6- develops effective business communication skills among the students   |
| 1116-BUSINESS REGULATORY FRAMEWORK           | CO-7- provides the students the basic knowledge of the provisions of various Acts related to business and management.   |
| 1117-BUSINESS ENVIRONMENT                    | <b>CO-8</b> - aims at acquainting the students with the emerging issues in business at the national and international level in the light of the policies of liberalization and globalization.                           |
| 1118-BUSINESS ECONOMICS                      | CO-9- familiarizes the student with various theoretical concepts of Economics that are related to life  |

|                         | Course Outcomes – B.Com-II   |  |
|-------------------------|--|--|
| Course                  | Outcomes   |  |
| THE PARTY OF            | <b>CO-1</b> -Increases the students' intimacy with the composition of Hindi by explaining it                                       |  |
| HINDI LANGUAGE          | to the students and they should gradually develop the interest of Hindi composition in the context of Hindi and its communication. |  |
|                         | CO-2-Enables the students of commerce to speak and write with a fair degree of   |  |
| ENGLISH LANGUAGE        | grammatical correctness.   |  |
|                         | CO-3-enables the students to know the basics of Income Tax Act and its   |  |
| INCOME TAX              | implications   |  |
| INDIRECT TAXES          | CO-4-aims at imparting basic knowledge about major indirect taxes.   |  |
|                         | <b>CO-5</b> -provides the students an understanding of the application of accounting   |  |
| MANAGEMENT ACCOUNTING   | techniques for management.   |  |
|                         | CO-6-aims at imparting knowledge about the principles and methods of auditing and  |  |
| AUDITING                | their applications.  |  |
|                         | CO-7-helps students understand the conceptual framework of principles of   |  |
| PRINCIPLES OF MARKETING | marketing  |  |
|                         | CO-8-aims at acquainting student with the operations of marketing in international   |  |
| INTERNATIONAL MARKETING | environment.   |  |

| Course Outcomes – B.Com-III |  |
|-----------------------------|--|
| Course                      | Outcomes   |
| HINDI LANGUAGE              | <b>CO-1</b> -Increases the students' intimacy with the composition of Hindi by explaining it |
|                             | to the students and they should gradually develop the interest of Hindi composition in       |
|                             | the context of Hindi and its communication.  |
| ENGLISH LANGUAGE            | CO-2-Enables the students of commerce to speak and write with a fair degree of               |
|                             | grammatical correctness.   |
| INCOME TAX                  | <b>CO-3</b> -enables the students to know the basics of Income Tax Act and its implications  |
| INDIRECT TAXES              | <b>CO-4</b> -aims at imparting basic knowledge about major indirect taxes.                   |
| MANAGEMENT ACCOUNTING       | CO-5-provides the students an understanding of the application of accounting                 |
|                             | techniques for management.   |
| AUDITING                    | <b>CO-6</b> -aims at imparting knowledge about the principles and methods of auditing and    |
|                             | their applications.  |
| PRINCIPLES OF MARKETING     | <b>CO-7</b> -helps students understand the conceptual framework of principles of marketing   |
| INTERNATIONAL MARKETING     | <b>CO-8</b> -aims at acquainting student with the operations of marketing in international   |
|                             | environment.   |
|                             |  |

| Course Outcomes – M.Com-I   |  |
|-----------------------------|--|
|                             |  |
| Course                      | Outcomes   |
| MANAGERIAL ECONOMICS        | CO-1-develops managerial, perspective to economic fundamentals as aids to decision making under given environmental constraints.       |
| ADVANCED ACCOUNTING         | CO-2-exposes students to accounting issues and practices such as maintenance of company accounts and handling' accounting adjustments. |
| INCOME TAX LAW AND ACCOUNTS | CO-3-helps student understand and conceptual framework of Income tax.  |
| STATISTICAL ANALYSIS        | <b>CO-4</b> -helps student learn the application of statistical tools and techniques for decision making.                              |
| CORPORATE LEGAL FRAMEWORK   | <b>CO-5</b> -provides knowledge of relevant provisions of various laws influencing business operations.                                |

| Course Outcomes – M.Com-II         |   |
|------------------------------------|---|
| Course                             | Outcomes  |
| MANAGEMENT CONCEPT                 | CO-1-helps student understand and conceptual framework of management and organizational behaviour           |
| ORGANIZATIONAL BEHAVIOR            | <b>CO-2</b> -helps student understand and conceptual framework of management and organizational behavior.   |
| ADVANCE COST ACCOUNTING            | CO-3-exposes the students to the basic concepts and the tools used in cost accounting.                      |
| MANAGEMENT ACCOUNTING              | <b>CO-4</b> -acquaints student with the accounting concepts, tools and techniques for managerial decisions. |
| ACCOUNTING FOR MANAGERIAL DECISION | CO-5-acquaint student with the accounting concepts, tools and techniques for managerial decisions           |

| Course Outcomes M.Com-III          |   |
|------------------------------------|---|
| Course                             | Outcomes  |
| MANAGEMENT CONCEPT                 | CO-1-helps student understand and conceptual framework of management and organizational behaviour   |
| ORGANISATIONALBEHAVIOUR            | CO-2-helps student understand and conceptual framework of management and organizational behavior.   |
| ADVANCE COST ACCOUNTING            | CO-3-exposes the students to the basic concepts and the tools used in cost accounting.              |
| MANAGEMENT ACCOUNTING              | CO-4-acquaints student with the accounting concepts, tools and techniques for managerial decisions. |
| ACCOUNTING FOR MANAGERIAL DECISION | CO-5-acquaint student with the accounting concepts, tools and techniques for managerial decisions   |

| Course Outcomes - M.Com-IV     |  |
|--------------------------------|--|
| Course                         | Outcomes   |
| PRINCIPLE OF MARKETING         | CO-1-Facilitates in understanding of the conceptual framework of marketing and its     |
|                                | applications in decision making under various environmental constraints.               |
| ADVERTISING & SALES MANAGEMENT | CO-2-exposes the students about Legal, ethical and social aspect of advertising        |
| MARKETING RESEARCH             | CO-3-helps in acquinting the students with the necessary design and methodology of     |
|                                | marketing information system   |
| INTERNATIONAL MARKETING        | CO-4-helps in understanding the policy, delivery and difficulties in the international |
|                                | trading and marketing  |

| Course Outcomes - B.B.A-I |  |
|---------------------------|--|
| Course                    | Outcomes   |
| ENGLISH                   | <b>CO-1-</b> enables the students of management to speak and write with a fair degree of grammatical correctness.  |
| COMPUTER APPLICATION      | <b>CO-2</b> -provides the students an understanding of computers, computer operating system & application of relevant software in management decision making.  |
| BUSINESS MATHEMATICS      | <b>CO-3</b> -provides elementary yet essential background of mathematical method so that managers may use themselves in business analysis and decision making. |
| PRINCIPLES OF MANAGEMENT  | <b>CO-4</b> -helps the Student to acquire the basic knowledge in concept and theory of principles of management.   |
| FINANCIAL ACCOUNTING      | <b>CO-5</b> -familiarizes the students with basic concepts and methods of Financial Accounting as a practical subject in Business Management                   |

| Course Outcomes - B.B.A-II |  |
|----------------------------|--|
| Course                     | Outcomes   |
| HINDI                      | <b>CO-1</b> -increases the students' intimacy with the composition of Hindi by explaining it to the students and they should gradually develop the interest of Hindi composition in the context of Language and its communication. |
| BUSINESS ECONOMICS         | <b>CO-2</b> -familiarizes the student with various theoretical concepts of Economics that are related to life.   |
| BUSINESS STATISTICS        | <b>CO-3</b> -helps the student in understanding the various statistical methods, techniques in Business studies and Analysis / Discussions.  |
| COST ACCOUNTING            | <b>CO-4</b> -familiarizes the students the basic elements of cost and cost determination   |
| ENVIRONMENTAL STUDIES      | <b>CO-5</b> -familiarizes the student with the multidisciplinary environmental issues and to develop public awareness for it.  |

| Course Outcomes- B.B.A-III    |  |
|-------------------------------|--|
| Course                        | Outcomes   |
| MANAGERIAL ECONOMICS          | <b>CO-1</b> -familiarizes the students the concepts and theory in decisions making of firm and   |
|                               | its application in managerial function.  |
| BUSINESS COMMUNICATION        | CO-2-develops effective business communication skills among the students.                        |
| BUSINESS LAWS                 | <b>CO-3</b> -provides the students the basic knowledge of the provisions of various Acts related |
|                               | to business and management.  |
| BUSINESS AND ENVIRONMENT      | <b>CO-4</b> -acquainting the students with the emerging issues in business at the national and   |
|                               | international level in the light of the policies of liberalization and globalization.            |
| MANAGEMENT INFORMATION SYSTEM | CO-5-Helps in understanding the information provided to management in the specific               |
| (MIS)                         | format and summarized data using Management Information System tool                              |

| Course Outcomes- B.B.A-IV |  |
|---------------------------|--|
| Course                    | Outcomes   |
| ORGANISATIONAL BEHAVIOUR  | <b>CO-1</b> -familiarizes the student with basic concepts and behavioral process in an organisation to enable him to develop and adopt effective strategies.             |
| MARKETING MANAGEMENT      | <b>CO-2</b> -familiarizes the students the modern Marketing Concepts; tools said techniques to develop their skills required for the performance of marketing functions. |
| HRM                       | <b>CO-3</b> -helps the students to acquire and develop decision making skills in relation to meaning people in organizations.  |
| FINANCIAL MANAGEMENT      | <b>CO-4</b> -familiarizes the students with basic concepts and the various accounting techniques in financial decision making and control                                |

| PRODUCTION MANAGEMENT | CO-5-knowledge about the basic concepts, techniques and methods of Production Management  |  |
|-----------------------|---|--|
| COMPREHENSIVE VIVA    | <b>CO-6</b> -related to all the subjects studied in the previous semesters by the students. The viva will be taken by an external examiner. |  |

| Course Outcomes - B.B.A-V             |  |
|---------------------------------------|--|
| Course                                | Outcomes   |
| MARKETING RESEARCH                    | <b>CO-1</b> -enables the students learn the process, tools and techniques of marketing research  |
| QUANTITATIVE TECHNIQUES               | CO-2-helps the student in understanding the various quantitative techniques in business studies  |
| SALES AND ADVERTISEMENT<br>MANAGEMENT | <b>CO-3</b> -acquinting the students with management of a firm's sales operations, as well also with the theory and practice of advertising. |
| INVESTMENT MANAGEMENT                 | CO-4-helps students understand various issues in security analysis & portfolio management  |
| MATERIAL MANAGEMENT                   | CO-5-acquainting the students with the importance and various techniques of Material Management  |

| Course Outcomes - B.B.A-VI    |   |  |
|-------------------------------|---|--|
| Course                        | Outcomes  |  |
| BUSINESS POLICY AND STRATEGY  | <b>CO-1</b> -helps students formulate and strengthen the effective strategies of day to day business. |  |
| ENTREPRENEURSHIP AND SMALL    | CO-2-provides exposure to the entrepreneurial culture and industrial growth so as to prepare          |  |
| BUSINESS MANAGEMENT           | them to set up and mange their own small units.   |  |
| BUSINESS TAXATION             | CO-3-Imparting knowledge about the concepts, provisions and justification of Income Tax               |  |
| DUSINESS TAXATION             | and Wealth Tax in India.  |  |
| BUSINESS ETHICS AND SOCIAL    | <b>CO-4</b> -Provides the basic understanding of the Business ethics in the operational environment   |  |
| RESPONSIBILITY                | and implications and features of social responsibility  |  |
|                               | CO-5-The topics of the research project are to be finalized with the consultation of the              |  |
| PROJECT REPORT AND VIVA -VOCE | faculty guide. The project will be evaluated both by internal of the college and external             |  |
|                               | which is to be decided by the university.   |  |

## **Department of Education**

#### **BACHELOR OF EDUCATION (B.ED)**

| Department of Education | Outcomes   |
|-------------------------|--|
| Program outcomes        | After successful completion of two years degree program in Education the students will be able ;   |
|                         | <ul> <li>PO1. To understand basic concepts and ideas of educational theory.</li> <li>PO2. To develop among student teachers a clear understanding of psychology of their students.</li> <li>PO3. To develop communication and use of ICT.</li> <li>PO4. To enable them to utilize community resources as educational inputs.</li> <li>PO5. To enable them to take Action Research and use innovative practices.</li> <li>PO6. To acquaint them with educational needs of special group of pupils.</li> <li>PO7. To foster in them desire of life-long learning.</li> </ul> |

## **Program specific Outcomes of B.Ed**

| <b>Program Specific Outcomes</b> | <b>PSO1</b> To apply their knowledge of core content and Pedagogy to set goals and objectives and plan the        |  |
|----------------------------------|---|--|
|                                  | curriculum based on national, state and local standards.  |  |
|                                  | PSO2 To demonstrate their understanding of intellectual, social, emotional and development and                    |  |
|                                  | build understanding and perspective on the nature of the learner, diversity and learning.                         |  |
|                                  | <b>PSO3</b> To comprehend the role of the systems of governance and structural – functional provisions that       |  |
|                                  | support school education.   |  |
|                                  | PSO4 To develop understanding about teaching, pedagogy, school management and community                           |  |
|                                  | involvement.  |  |
|                                  | <b>PSO5</b> To build skills and abilities of communication, reflection, art, aesthetics, theatre, self expression |  |

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**PSO6** To provide meaningful learning experiences for all the students by engaging themselves in the area of instructional and assessment strategies in teaching.

**PSO7** To demonstrate leadership by participating in the development and implementation of programs that foster ethical and equitable behavior.

**PSO8** To use effective and appropriate techniques in their teaching, collaboration, and interaction with students their family and community

#### **Course Outcomes of B.Ed**

| Course Outcomes - B.Ed. (Sem – I)      |   |  |
|--|---|--|
| Course                                 | Outcomes  |  |
|  | To enable student –Teacher to understand  |  |
|  | CO1 The relationship between Philosophy and education and implications of             |  |
| Philosophical perspective of Education | Philosophy on education,  |  |
|  | CO2 The importance and role of education in the progress of Indian Society.           |  |
|  | CO3 The contribution of great educators to the field of education.                    |  |
| To enable student –Teacher to          |   |  |
| NaiTalim : An Experiential Learning    | CO1 Understand the concept of local community engagement in teacher education.        |  |
|  | CO2 Understand the context of the child from various background & occupation          |  |
|  | CO3 Participate effectively in the local community service.                           |  |
|  | To enable student –Teacher  |  |
| Pedagogy part-I                        | CO1 To acquire conceptual understanding of the processes of teaching and learning all |  |
|  | the pedagogical subject s like Social Sciences, Languages, Biological and Physical    |  |
|  | Sciences, Mathematic s.   |  |
|  | CO2 Develop process oriented objectives based on content themselves.                  |  |
|  | CO3 Develop ability to use the concepts for life skills.                              |  |
|  |   |  |

| Cou  | rse Outcomes - B.Ed. (Sem –II)   |
|--|--|
| Course   | Outcomes   |
|  | To enable student –Teacher to understand   |
| Social logical perspectives of education   | <b>CO1</b> The relationship between Philosophy and education and implications of Philosophy on education,                                      |
|  | CO2 The importance and role of education in the progress of Indian Society. CO3 The contribution of great educators to the field of education. |
|  | To enable student –Teacher to  |
|  | CO1 Understand the concept of local community engagement in teacher education.   |
| learner and learning process   | CO2 Understand the context of the child from various background &  |
|  | occupation   |
|  | CO3 Participate effectively in the local community service.  |
|  | Educational and mental measurement   |
|  | To enable the student teachers   |
| Course  Social logical perspectives of education  learner and learning process  Elective 1 | <b>CO1</b> To develop skills and competencies in the student teacher for the use of techniques in the field                                    |
|  | CO2 To enable the student teacher to interpret the result of educational measurement   |
|  | CO3 To enable the students understand about various educational and  |
|  | mental measurement tools   |
|  | b)Educational technology and management  |
|  | To enable the student teachers   |
|  | <b>CO1</b> To obtain a total perspective of the role of technology in modern educational practice  |
|  | CO2 To help the teacher to obtain a total gender of his role of scientific management in education   |

|                          | CO3 To equip the student teacher with the various technological applications available to him for improving instructional practices      |
|--------------------------|--|
|                          | c)Educational administration and management  |
|                          | To enable the student teachers   |
|                          | CO1 To develop an understanding of the role of headmaster and teacher in school management   |
|                          | CO2 To acquaint the student teachers the concept of educational administration   |
|                          | CO3 To enable students to understand the concept and importance of communication and its possible barriers in educational administration |
|                          | To enable student –Teacher   |
| curriculum and knowledge | CO1 To understand the nature of knowledge moral values and skills CO2 To examine the place of work in education                          |
|                          | CO3 To understand the implication of constructivism in education   |

| Course Outcomes - B.Ed. ( Sem –III ) |  |
|--------------------------------------|--|
| Course                               | Outcomes   |
| Pedagogy II                          | To enable student –Teacher  CO1 To acquire conceptual understanding of the processes of teaching and learning all the pedagogical subject s like Social Sciences, Languages, Biological and Physical Sciences, Mathematic s.  CO2 Develop process oriented objectives based on content themselves.  CO3 Develop ability to use the concepts for life skills. |
| NaiTalim skill based                 | To enable student –Teacher to  |
|                                      |  |

| CO1 Understand the concept of local community engagement in       |
|---|
| teacher education.  |
| CO2 Understand the context of the child from various background & |
| occupation  |
| CO3 Participate effectively in the local community service.       |
| -   |

| Course Outcomes - B.Ed.( Sem –IV )     |   |
|--|---|
| Course                                 | Outcomes  |
| Gender school and society              | To enable student – Teacher to  CO1 Understand the problems of girl child education in our society CO2 To equip the teacher with the ability to create more meaningful and gender just experiences for her students   |
| Assessment in learning                 | To enable student –Teacher to  CO1 Be exposed to different kinds and forms of assessment that a student earning  CO2 Become the use of a wide range of assessment tools and learn to select and construct these appropriately  CO3 Evolve realistic comprehensive and dynamic assessment procedures that are able to keep the whole student in view |
| Elective group II - Teaching of values | To enable student –Teacher  CO1 To understand the nature and sources of nature and its values CO2 To understand the classification of values under different types CO3 To appreciate educational values like democratic secular and socialistic.  |

## **Department of English**

## MASTER OF ARTS IN ENGLISH (M.A.ENGLISH)

| <b>Department Of English</b> | Successful completion of two year post graduation in English will   |
|------------------------------|---|
|                              | enable the students:  |
| Program Outcomes             | <b>PO1.</b> The prescribed texts aim to develop in the learners the ability to understand   |
|                              | English in a wide range of contexts.  |
|                              | PO2. To read texts critically.  PO3. To encourage them to read literary pieces critically.  PO4. To help students have a good understanding of modern English grammar |

| Course  | Outcomes   |
|---------|--|
| Poetry  | CO1. To help them read, analyse and appreciate poetry. CO2. identify the various forms and types of poetry CO3. To make them aware of the diverse poetic devices and strategies.   |
| Drama   | CO1. To identify the various forms and schools of drama CO2. To analyse and appreciate drama CO3. To enable the students to read, analyse and appreciate drama   |
| Prose   | <ul> <li>CO1. To recognize various types of prose writings</li> <li>CO2. To help students understand and appreciate different types of prose writing.</li> <li>CO3. To introduce to them the basics concepts of style and literary devices in prose</li> </ul> |
| Fiction | CO1. To know the basic differences between traditional narration and modern fiction  CO2. To appreciate and analysis the fictional and dramatic elements in literature   |

| Language Management And Skills | <ul><li>CO2. To become more sensitive and aware of social issues.</li><li>CO3. To develop and improve structural writing skills.</li></ul>  |
|--------------------------------|---|
| Course Outcomes of Post-O      | Graduation in English Semester III and IV   |
| Course                         | Outcomes  |
| Critical Theories              | CO1. Study the details of Aristotle's poetics, Longinus' On the Sublime. Understand in depth the various schools of literary criticism and well known critics like John Dryden, Coleridge, T.S Eliot, Mathew Arnold, Philip Sydney, W.Wordsworth, Northrop Frye, Derrida, Elaine Showalter etc are a few of them  |
| Indian Writing In English      | CO1. Identify in details with examples & appreciation of the fiction and Indian English writers. R K Narayan, Mulk Raj Anand, Raja Rao, GirishKarnad, Vijay Tendulkar Arundhati Roy, AmitavGhosh, Amitavghosh, ArvindAdiga  |
| American Literature            | CO1. Identify in details with examples ability to explore human condition in different periods of the American literature.  Appreciate the representative poets, novelists and representative works of American literature. Learn the use of various literary devices by American writers. Study the literary expressions of American writers depicting American sensibility. |
| English Language Teaching      | CO1. Study of linguistic theories, semantics, discourses, Bloomfield's theory, pronunciation, phonology, lexicology, grammar, language testing, English language teaching. Language laboratory, vocabulary building and linguistic theories.  |
| New Literatures In English     | CO1. Specify the classification and characteristics of aesthetics of commonwealth Literature. Appreciate the use of various literary devices by commonwealth writers, African American literature, Early Canadian and Australian literature.  |

**CO1.** To develop a reading habit.

# **Department of Computer Science**

#### **Bachelor of Computer Application (BCA) And Pg Diploma In Computer Application(PGDCA)**

| Outcomes   |
|--|
|  |
| After successful completion of three year degree program in BCA and two semester program |
| in PGDCA a student should be able:   |
| PO-1.To create awareness among students about computer                                   |
| science courses like BCA and PGDCA.  |
| PO-2. To take admission in BCA and PGDCA to become                                       |
| Computer Savvy.  |
| PO-3. During the course curriculum of BCA and PGDCA,                                     |
| students will be aware about computer science  |
| subject like:  |
| PO-4.BCA-I: Programming in C, Web Technology, PC   |
| Software, Fundamentals of Computer, Mathematics.   |
| PO-5.BCA-II: Computer Network, Database Management                                       |
| System, Operating System and Linux, C++.   |
| PO-6.BCA-III: Computer System Architecture, Operating                                    |
| System, Java, Software Engineering, Financial  |
| Accounting, Foundation Course (English).   |
| PO-7.PGDCA: Office Automation, Programming in C,   |
| Tally, Visual Basic.   |
| PSO-1. To understand the power of Computer Science or                                    |
| Information Technology. PSO-2. To understand the power of programming                    |
| languages to develop their career in IT  |
| PSO-3. To understand the power of Databases to develop                                   |
| career in IT.  |
| PSO-4. To understand web scripting languages to develop                                  |
| stunning websites.   |
| PSO-5. To aware and development of apps related to smart                                 |
|  |

| phones. PSO-6. To create awareness about computer security. |
|---|
| practical based learning make students skilled for          |
| their future and career                                     |

|                                  | Course Outcomes: BCA-I  |  |
|----------------------------------|---|--|
| Course                           | Outcomes  |  |
| 101. Discrete Mathematics        | CO-1.To get the Knowledge about relations and   |  |
|                                  | Functions.  |  |
|                                  | CO-2.To studies the basics of tree and graphs.  |  |
|                                  | CO-3.To get familiar with Boolean algebra   |  |
| 102. Fundamental of Computer     | CO-1.Show an awareness of what the major  |  |
|                                  | computer components are and how they act as a   |  |
|                                  | System.   |  |
|                                  | CO-2.Describe the organization and operation of a computer processor, primary memory, secondary     |  |
|                                  | memory, and peripheral devices to give  |  |
|                                  | Computer specifications.  |  |
|                                  | CO-3.Show an awareness of the capability  |  |
|                                  | and limitations of computers.   |  |
|                                  | CO-4. Give students an in-depth understanding of  |  |
|                                  | why computers are essential components in business, education, and society                          |  |
| 103. Programming In 'C' Language | CO-1.To be able to build own logic for a given  |  |
|                                  | problem and finally develop one's programs.   |  |
|                                  | CO-2.To understand the syntax and the semantics of C programming language.                          |  |
| 04. Pc Software And Multimedia   | CO-1.Use computer application software to   |  |
|                                  | solve problems.   |  |
|                                  | CO-2.To gain knowledge of various MS office tools.  |  |
|                                  | CO-3.Use a standard word, and spreadsheets,   |  |
|                                  | PowerPoint database systems & graphics  |  |
|                                  | generation packages.  |  |
|                                  | CO-4.Teach the principles of how different types of   |  |
|                                  | media can be processed and presented by computers.  |  |
|                                  | CO-1. Students should be able to design and implement a basic website.                              |  |
| 105. Web Technologies &          | CO-2. Students should be able to implement different navigation strategies.                         |  |
| Commerce                         | CO-3. Students should be able to use client-side technologies (XHTML, CSS, forms, JavaScript).      |  |
|                                  | CO-4. Students should be able to develop a simple back-end database to support a website.           |  |
|                                  | CO-5. Students should be able to recognize and evaluate website organizational structure and design |  |

|                            | elements.   |
|----------------------------|---|
|                            | CO-6. Be familiarized with the concept of E-Business and E-Business Models.                     |
| <b>Communication Skill</b> | CO-1. Communication has to keep pace with people's lifestyles, business, and occupations.       |
|                            | CO-2. There are changes in communication style as technology influences everything that we do:  |
|                            | business, industry, education, entertainment, and our daily lives.                              |
| 107. Programming Lab In C  | CO-1. The objective of this subject is to get in-depth practical knowledge of C language.       |
|                            | CO-2.To know the advanced concepts of C Programming Language.                                   |
|                            | CO-1.To develop skills for effective use of the MS office tools.                                |
| 108. PC SOFTWARE LAB       | CO-2. Provide hands-on use of Microsoft Office applications Word, Excel, Access and PowerPoint. |
|                            | Completion of the assignments will result in MS Office applications knowledge and skills.       |
| 109. Web Technology Web    | CO-1.To get familiar with the basics of Internet Programming.                                   |
|                            | CO-2. To implement interactive web page(s) using HTML, CSS and JavaScript.                      |
|                            | CO-3. To Build Dynamic web site using server-side PHP Programming and Database connectivity.    |

| Course Outcomes: BCA-II        |   |
|--------------------------------|---|
| Course                         | Outcomes  |
| 201. Calculus And Differential | CO-1. Differential Calculus is a subfield of calculus, concerned with the study of the rates at which |
| Equations                      | quantities change. It is one of the two traditional divisions of calculus, the other being integral   |
|                                | calculus, the study of the area beneath a curve.  |
|                                | CO-2. Finding the derivative of a function at a chosen input value describes the rate of change of    |
|                                | the function near that input value.   |
|                                | CO-3.States that differentiation is the reverse process of integration.                               |
| 202.Database Management System | CO-1.To understand the difference between storing data in FMS and DBMS and the advantages of          |
|                                | DBMS. To understand the conceptual and physical design of a database.                                 |
|                                | CO-2. To understand RDBMS and queries to design database and manipulate data in it                    |
|                                | CO-3.To know basic database backup and recovery.  |
| 203. Programming Lab In C++    | CO-1. Understand the features of C++ supporting object-oriented programming.                          |
|                                | CO-2. Understand the relative merits of C++ as an object-oriented programming language.               |
|                                | CO-3. Understand how to produce object-oriented software using C++.                                   |
|                                | CO-4. Understand how to apply the major object-oriented concepts to implement object-oriented         |
|                                | programs in C++, encapsulation, inheritance, and polymorphism.  |
|                                | CO-5. Understand advanced features of C++ specifically stream I/O, templates and operator             |
|                                | overloading.  |
| 204. Computer Networks         | CO-1. Different types of media, multiplexing, switched networks, the Internet, TCP/IP suite, fiber-   |
| •                              | optic communications, and state-of-art networking applications.                                       |
|                                | CO-2. Various transmission media, their comparative study, fiber optics, and wireless media.          |

|                                 | CO-3. Categories and topologies of networks (LAN and WAN and TCP/IP) and protocol suites.             |
|---------------------------------|---|
|                                 | CO-4. Channel error detection and correction, MAC protocols, Ethernet and WLAN Details of IP          |
|                                 | operations on the Internet and associated routing principles.   |
| 205.Operating System With Linux | CO-1. Know the components of an operating system.   |
| • •                             | CO-2. Understand the basics of process management and memory management.                              |
|                                 | CO-3. Know the concepts of I/O and file systems.  |
|                                 | CO-4. Provide information about the functions and roles of each of the components of the operating    |
|                                 | system.   |
| 206. Foundation Course          | CO-1. To familiarize students with the best samples of writings in English so that they can learn the |
|                                 | structure of the language as it is used creatively.   |
|                                 | CO-2. To orient students to social and cultural issues.   |
|                                 | CO-3. To acquaint students with different writing styles of English.                                  |
|                                 | CO-1. Understand the features of C++ supporting object-oriented programming.                          |
| 207. Programming Lab In C++     | CO-2. Understand the relative merits of C++ as an object-oriented programming language.               |
|                                 | CO-3. Understand how to produce object-oriented software using C++.                                   |
|                                 | CO-4. Understand how to apply the major object-oriented concepts to implement object-oriented         |
|                                 | programs in C++, encapsulation, inheritance, and polymorphism.  |
|                                 | CO-5. Understand advanced features of C++ specifically stream I/O, templates and operator             |
|                                 | overloading.  |
| 208. Database Management System | CO-1. To demonstrate the principles behind systematic database design approaches by covering          |
| Lab                             | conceptual design, logical design through normalization.  |
|                                 | CO-2. To develop the skill of the basic knowledge of SQL.   |
| 209. Operating System Lab       | CO-1. To understand and make effective use of Linux utilities and shell scripting language to solve   |
|                                 | problems.   |
|                                 | CO-2. To implement some standard Linux utilities such as ls, cp etc.                                  |

| Course Outcomes: BCA-III             |  |
|--------------------------------------|--|
| Course                               | Outcomes   |
| 301. Part I- Calculus & Geometry     | CO-1. Students should understand the meaning of the derivative in terms of a rate of change and        |
|                                      | local linear approximation and should be able to use derivatives to solve a variety of problems.       |
|                                      | CO-2. Evaluate the limit of a function using numerical and algebraic techniques, the properties of     |
|                                      | limits, and analysis techniques.   |
|                                      | CO-3. Finding the derivative of a function at a chosen input value describes the rate of change of the |
|                                      | function near that input value.  |
| 301. Part II-Differential Equation & | CO-1. Evaluate first-order differential equations including separable, homogeneous, exact, and         |
| Fourier Series                       | linear.  |
|                                      | CO-2. Introduce the basic statistical data analysis.   |
|                                      |  |

|   | CO-3. Introduce the Fourier series and its application to the solution of partial differential equations. |
|---|---|
|   | CO-4. Introduce the concepts of Laplace and Fourier transforms.   |
| 301. Part III-Computer System Architect         | CO-1. To learn the design of Control Unit and ALU of a typical computer.                                  |
| 301. 1 art III-Computer System Architect        | CO-2. To learn about the memory, input-output organization of a typical computer.                         |
|   | CO-3. To learn the concepts of pipelining and vector processing.  |
| 302. JAVA                                       | CO-1. Implement Object Oriented programming concept using basic syntaxes of control Structures,           |
| SU2. JAVA                                       |   |
|   | strings, and function for developing skills of logic building activity.                                   |
|   | CO-2. Identify classes, objects, members of a class and the relationships among them needed for           |
|   | finding the solution to a specific problem.   |
|   | CO-3. Demonstrates how to achieve reusability using inheritance, interfaces, and packages and             |
|   | describes faster application development that can be achieved.  |
|   | CO-4. Demonstrate understanding and use of different exception handling mechanisms and                    |
| 202 O   | concepts of multithreading for robust faster and efficient application development.                       |
| 303. Operating System                           | CO-1. To understand the services provided by an operating system.   |
|   | CO-2. To study the process management and scheduling.   |
|   | CO-3. To understand the concepts and implementation of Memory management policies and virtual             |
|   | memory.   |
|   | CO-4. To understand the working of an OS as a resource manager, file system manager, process              |
|   | manager, memory manager and I/O manager and methods used to implement the different parts of              |
|   | OS.   |
| 204 G & 7                                       | CO-1. To gain knowledge of various software models.   |
| 304. Software Engineering                       | CO-2. To gain knowledge of various software design activities.  |
|   | CO-3. To learn cost estimation, software testing, maintenance and debugging.                              |
| <b>305.(A)</b> Multimedia Tool And Application  | CO-1. To get the Knowledge about the basics concepts of multimedia and its applications.                  |
|   | CO-2. To get the knowledge of its relevance with the internet and its future aspects.                     |
| <b>305.</b> (B) Multimedia Tool And Application | CO-1. To understand the standards available for different audio, video and text applications.             |
| Lab   | CO-2. To Design and develop various Multimedia Systems applicable in real-time.                           |
|   | CO-3. To learn various multimedia authoring systems.  |
| <b>306:</b> (A) Financial Management            | CO-1. To get knowledge about the important management concepts & their application.                       |
| Accountancy                                     | CO-2. To have an insight of various functional departments in an organization.                            |
| 306 B) Foundational Course                      | CO-1. To have a basic understanding of the correct use of the English Language.                           |
|   | CO-2. To improve oral as well as written communication skills.  |
| 307. Java Lab                                   | CO-1. To understand the importance of Classes & objects along with constructors, Arrays, and              |
|   | Vectors.  |
|   | CO-2. Understand the java programming and Object-Oriented Programming concepts.                           |
|   | CO-3. Understand the concepts of Interface, Exception handling, Threading, and Package.                   |
|   | CO-4. Understand the basic concepts of the Applet.  |

## **Department of Physical Education and Yoga**

#### BACHELOR OF PHYSICAL EDUCATION (B.P.E),PG DIPLOMA IN YOGA (PGD IN YOGA)

| Department of Physical<br>Education and Yoga   | Outcomes  |  |
|--|---|--|
|  | After successful completion of One year PG Diploma in Yoga program a student should be able to; PO-1. Become successful professionals in many fields such as School, Educational institution, government Departments, academia, Mental Hospitals, General hospitals, Central Jails, Police Departments, Rehabilitation Centers, Naturopathy Centers, Hotel Industries, research and entrepreneurial pursuits.   |  |
| Progrmme Outcomes  | PO-2. Contribute to society as broadly educated, expressive, ethical and responsible citizens with proven expertise.  |  |
|  | PO-3. Successfully pursue lifelong learning to fulfill their goals. Able to provide yogic healing for lifestyle disorders and psychosomatic problems.   |  |
|  | PSO-1.Sselect modern Yogic tools and techniques and use them with dexterity.  |  |
| Progrmme Specific Outcomes  PSO-2. Identify, analyze, formulate and develop Yoga applications to meet desired needs within realistic construction such as life style disorders and psychological problems. |   |  |
|  | PSO-3. Provide a wide range of yogic programmes as per taste, Age, need and interest of the aspirants/patients.   |  |
|  | Course Outcome PGD in Yoga<br>Semester – I  |  |
| Course   | Outcomes  |  |
| Theoritical Yoga<br>Vijnan:  | CO-1.To makes students Understand and utilize knowledge of Philosophy of Yogashastra for better yogic practices. CO-2. To develop among students teachers a clear understanding of yogic concept, meaning yoga guru shishya tradition of the yoga education and Philosophy. CO-3. The enable them to understand about the main types of yoga and their cultivation method utilize community modern living. CO-4. Comprehend the role of cotemporary yogis development and contribution of yogic life style to enable them society |  |

| Applied Yoga vijnan:                         | CO-1. The knowledge of this course enables the students about pros and cons of yogic practices to avoid the ill effect of wrong practices.  CO-2. The student build skills and abilities of yogic lifestyle Use effective and appropriate techniques in their yogic practice collaboration positive and negative factors.  CO-3. Apply their knowledge of life pattern and yoga role of yoga asana in modern living.  CO-4. To develop understanding of aspects of mind and mental process. |
|--|---|
|  | Course Outcome PGD in Yoga<br>Semester – II   |
|  | Department of Physical Education and Yoga   |
| Course                                       | Outcomes  |
| Yoga Philosophy:                             | CO-1. This course will introduce different philosophers concepts in the field related to Yoga and various traditions in Indian culture CO-2. Impart knowledge of the subject matter of yoga Philosophy to enable them to utilize community. CO-3. Enable students to adopt different system of yoga philosophy, collaboration and interaction with students their family and community. CO-4. To understand and development basic concepts of kinds of yoga.                                |
| Hatha Yoga:                                  | CO-1. Develop understanding about yogic practice in the teaching of hathpradipika andgherandasamhita. CO-2. Apply their knowledge of pranayama its meaning, methods to enable them utilize self life. CO-3. Enable students to take yogic shuddiktiyas, demonstrate and practice in modern living life. CO-4. Use effective and appropriate bandha and mudras for benefits of health.   |
| Department of Physical<br>Education and Yoga | After successful completion of Four year Degree program in Physical Education a student should be able -  |
| Program Outcomes                             | PO-1. To provide career opportunities. PO-2. To create awareness about physical fitness. PO-3. To inculcate the skill of socialization.   |
| Program Specific<br>Outcomes                 | PSO-1. To provide knowledge regarding health. PSO-2. To develop different skills of sports PSO-3. To encourage the student to participate in tournament.  |

| Course Outcome Physical Education - B.P.E. – I |   |  |
|--|---|--|
| Course   | Outcomes  |  |
| FC - Hindi                                     | CO-1.Nk=ksadksfgUnhHkk'kk ds mnHkofodklrFkkfofHkUUk :iksa ,oacksfy;ksadkKkulkzklrgksxkA                           |  |
|  | CO-2.Nk= fgUnh x  vkSj i  dh fofHkUulkfgR; fo/kkvksalsifjfprgq,A  |  |
|  | CO-3.Nk=ksaesafgUnhHkk'kk ds ek/;e lsuSfrdewY;] jk'Vah; ewY; rFkklkekftdewY;ksa ds                                |  |
|  | izfrvkLFkkfuekZ.kgqbZA  |  |
|  | CO-1.To develops the skills of the students in English Language.  |  |
| FC - English                                   | CO-2.To Prepare the students for vocabulary and basic Grammar.  |  |
|  | CO-3.To develops the comprehension level of the students.   |  |
|  | CO-1. Movement composition.   |  |
| Introduction to Physical                       | CO-2. Performance and application.  |  |
| Education                                      | CO-3. Developing proper attitudes towards teaching.   |  |
|  | CO-4. The study of idea and benefits about the meaning of life.   |  |
|  | CO-1. Knowledge of basic body structure and structure of the body.  |  |
| Applied Anatomy                                | CO-2. Understanding of Functions and type of muscles.   |  |
| Applied Anatomy                                | CO-3. Knowledge of various body parts and its functions.  |  |
|  | CO-4. Knowledge of the effects of exercise on the body.   |  |
| Health Education First                         | CO-1. To make the school environment clean.   |  |
| aid and Safety                                 | CO-2. Prevent communicable And Non Communicable Diseases.   |  |
| Education.                                     | CO-3. Identify and treat any abnormities deafest diseases as early as possible and do the referral and follow up. |  |
| Education.                                     | CO-4. Knowledge of Sports injury prevention.  |  |
|  | CO-1. Define sociology and demonstrate nature, Scope and subject matter of Sociology.                             |  |
| Sociology                                      | CO-2. Information about the basic unit and Relations of the Society.  |  |
| Sociology                                      | CO-3. Knowledge of various culture of Indian Society.   |  |
|  | CO-4. Understand and analyze Social, economic and political aspects of rural society.                             |  |
| Movement Education                             | CO-1. Knowledge of basic body movement.   |  |
|  | CO-2. Anatomical knowledge growth and development.  |  |
| Wiovement Education                            | CO-3. Knowledge Motor learning skill.   |  |
|  | CO-4. Knowledge of methods of evolution of students.  |  |
|  | Course Outcome Physical Education - B.P.E. – II   |  |
| Course   | Outcomes  |  |
|  | CO-1. Nk=ksadksfgUnhHkk'kk ds mnHkofodklrFkkfofHkUUk :iksa ,oacksfy;ksadkKkulkzklrgksxkA                          |  |
|  | CO-2. Nk= fgUnh x  vkSj i  dh fofHkUulkfgR; fo/kkvksalsifjfprgq,A   |  |
| FC - Hindi                                     | CO-3. Nk=ksaesafgUnhHkk'kk ds ek/;e lsuSfrdewY;] jk'Vah; ewY; rFkklkekftdewY;ksa ds                               |  |
|  | izfrvkLFkkfuekZ.kgqbZA  |  |
|  | CO-4. Nk=ksadksfgUnhHkk'kk ds dk;kZyhu ,oaO;ogkfjd i=kssa ds Lo:idksKkugqvkA                                      |  |
| FC - English                                   | CO-1.To Develops the skills of the students in English Language.  |  |
|  | · · · · · · · · · · · · · · · · · · ·   |  |

|  | CO-2.To Prepare the students for vocabulary and basic Grammar.                                   |
|--|--|
|  | CO-3.To Develop the comprehension level of the students.   |
|  | CO-4. The students know English as a language at the global level.                               |
| Psychology                               | CO – 1. Knowledge of psychological aspects used in sport.  |
|  | CO - 2. Rules of learning curve ,transfer of training, difficulty in learning knowledge.         |
|  | CO- 3. Motivation on sports personality, memory, individual differences, emotion knowledge.      |
| Dharaighean and                          | CO-1. Knowledge exercise physiology and anatomy.   |
| Physiology and<br>Physiology of Exercise | CO-2. Functions of respiratory system ,digestive system, nervous system .etc.                    |
|  | CO-3. Effect of exercise on circulatory, respiratory and muscular system.                        |
|  | CO-1. Improvement in performance.  |
| T7 1                                     | CO-2. To improve sports equipment.   |
| Kinesiology                              | CO-3. Preventing of sports injuries.   |
|  | CO-4. Evolution of sports performance.   |
|  | CO- 1. Leadership ability through sports.  |
| C4 C1                                    | CO- 2. Recognition in society through sports.  |
| Sports Sociology                         | CO-3. Socialization through sports.  |
|  | CO-4. Achieve social mobility through sports.  |
|  | CO-1. Utilization of free time.  |
| D 4                                      | CO-2. Availability of surplus energy.  |
| Recreation                               | CO-3. Attainment of satisfaction.  |
|  | CO-4. Reduce anxiety, stress and crime.  |
|  | Course Outcome Physical Education - B.P.E. – III   |
| Course                                   | Outcomes   |
|  | CO-1. Nk=ksadksfgUnhHkk'kk ds mnHkofodklrFkkfofHkUUk :iksa ,oacksfy;ksadkKkulkzklrgksxkA         |
| FC - Hindi                               | CO-2.Nk= fgUnh x  vkSj i  dh fofHkUulkfgR; fo/kkvksalsifjfprgq,A                                 |
|  | CO-3. Nk=ksaesafgUnhHkk'kk ds ek/;e lsuSfrdewY;] jk'V <sup>a</sup> h; ewY; rFkklkekftdewY;ksa ds |
|  | izfrvkLFkkfuekZ.kgqbZA   |
|  | CO-4. Nk=ksadksfgUnhHkk'kk ds dk;kZyhu ,oaO;ogkfjd i=kssa ds Lo:idksKkugqvkA                     |
|  | CO-1.To Develops the skills of the students in English Language.                                 |
| FC - English                             | CO-2.To Prepare the students for vocabulary and basic Grammar.                                   |
| S  | CO-3.To Develop the comprehension level of the students.   |
| Professional<br>Preparation              | CO- 1. Knowledge of physical education profession.   |
|  | CO-2. Professional preparation in colleges in India.   |
|  | CO-3. Preparation of the specialization physical education teacher.                              |
|  | CO-4. Role of teacher education institution.   |
| Education Method                         | CO-1. Traditional and modern India concept of education.   |
|  | CO-2. Maxims of principles of teaching.  |
|  | CO-3. Philosophy and methods of teaching.  |

|                                  | CO-04. Teaching techniques in physical education.  |
|----------------------------------|--|
|                                  | CO-5. Knowledge of classroom management principal.   |
|                                  | CO-1. Knowledge of communicable and non-communicable diseases.   |
| Health Education                 | CO-2. Knowledge of concept of health.  |
|                                  | CO-3. Organizational and administration set up of health system in India.  |
|                                  | CO-4. Personal and environmental hygiene.  |
|                                  | CO-5. National health program in India.  |
|                                  | CO-1. Importance of sports psychology for Physical Education and coaching.                                       |
| G A D I I                        | CO-2. Knowledge of cognitive process in Physical Activity.   |
| Sports Psychology                | CO-3. Knowledge of different stages of motor development.  |
|                                  | CO-4. Usefulness of motivation in the field of sports.   |
|                                  | CO-1. Knowledge of how to use communication in the classroom.  |
| <b>Educational Technology</b>    | CO-2. Find out how to use educational material four learning.  |
|                                  | CO-3. New teaching techniques and innovation.  |
|                                  | Course Outcome Physical Education - B.P.E. – IV  |
| Course                           | Outcomes   |
|                                  | CO-1. Knowledge different foundations of Physical Education.   |
| Foundation of Physical           | CO-2. Conditions and factors affecting learning.   |
| Education                        | CO-3. Use of mechanical elements in the field of Physical Education.   |
|                                  | CO-4. Importance and implication of Physiology in sports and Physical Education.                                 |
|                                  | CO-1. Role of Physical Education in Adapted Physical Education.  |
| Adapted Physical<br>Education    | CO- 2. Behavioral problem associated with disability.  |
|                                  | CO- 3. Adapted Physical Education program.   |
| Education                        | CO- 4. Knowledge of special program adapted Physical Education.  |
|                                  | CO-5. Knowledge and Rehabilitation Adapted Physical Education.   |
| Management of Physical Education | CO-1. Tournament organized in college and university.  |
|                                  | CO-2. Knowledge of facilities and equipment in the competitions.   |
|                                  | CO-3. Intramural, Extramural and public relations.   |
|                                  | CO-4. Teachers preparation before class, lesson plan marking of the count necessary equipments suitable uniform. |
|                                  | CO-5. Conducting competitions.   |
|                                  | CO-1. Knowledge of Measurement and evaluation process.   |
|                                  | CO-2. Proper classification of players.  |
| <b>Test and Measurement</b>      | CO-3. To know future achievements.   |
|                                  | CO-4. To Know, inspire the student and the players.  |
| Transfer As                      | CO-5. Preparing an effective plan.   |
| Introduction to                  | CO-1. Minimize the sports injuries.  |
| corrective and                   | CO-2. Treatment and rehabilitation of sports injuries.   |
| rehabilitation                   | CO-3. Helping the female athlete during the medial problem.  |

|                      | CO-4. First aid process.                         |
|----------------------|--|
|                      | CO-5. The correct posture deformities.           |
|                      | CO-6. Knowledge of Physiotherapy.                |
|                      | CO-1. Principles of sports training.             |
|                      | CO-2. Development of sports training.            |
| Theory & Methodology | CO-3. Improve technical skills through.          |
| of sports training   | CO-4. Management of strength training program.   |
|                      | CO-5. Knowledge load factors and adaptation.     |
|                      | CO-6. Knowledge training plan and periodization. |